

Getting the love you want

A workshop for couples

Do you feel stuck or powerless in your relationship? Are you tired of having the same old fights over and over again? Do you feel unheard? Misunderstood? Do you feel you should be communicating better? Whether you would like to work through all of these or simply wish to make an already good relationship great...

THEN THIS WORKSHOP IS FOR YOU!!

Dates:

19-21 January 2024 in Geneva &

5-7 April 2024 in Saint-Prex (Vaud)

IN THIS 2/12 DAY WORKSHOP YOU WILL:

- Learn why you are stuck in negative patterns and how to move out of them.
- Learn how to use conflicts as opportunities for growth.
- Learn to hear and be heard through a **powerful** and **transformative communication tool**.
- Create a new relationship dynamic with connection and empathy at its heart.

Dare to delve deep through a combination of theory, which will help you better understand what is happening in your relationship, and practice, by gifting one another with authentic and compassionate listening - all in a safe space.

NB This is not a therapy group. There is zero obligation to speak or share in the group!

Workshop presented by Siofra Sharpe (+41 78 715 12 58)
Certified Imago Therapist

For more information or to sign up send an email to: siofra@dialogue-imago.ch

www.dialogue-imago.ch and/or www.imago-suisse.ch